

## Some videos explaining how Human Body Systems work

Systems of the Human Body: 9 minute compilation video – 7 systems

<https://www.youtube.com/watch?v=LReJG7PrXFY>

This one is really useful but does cover lots of systems in one go. You might need to watch this in sections or just watch it lots of times.

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The Heart – 3 minute video

<https://www.youtube.com/watch?v=CWFyxn0qDEU>

The diagrams in this one are brilliant and really help show the flow of blood from the heart to the lungs and the separate flow from the heart to all of the rest of the body. A few words used in here are complicated (and rather too American!) but the animation makes this a really useful way to learn.

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The Circulatory System – 6 minute video

<https://www.youtube.com/watch?v=-s5iCoCaofc>

This is sillier to look at but is still a great way to tell the story of how blood travels around your body. Because it is so well done, I may have shown some of you this one before, a long time ago. It's very good Science, just told from the point-of-view of a tiny red blood cell!

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...and here's a song about the Circulatory System – 3 minute video

<https://www.youtube.com/watch?v=Hn8vkz-mKfU>

Even sillier, but still all actually good Science!

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...and a matching song about Respiration in the Lungs – 3 minute video

<https://www.youtube.com/watch?v=-qi7OZzXJjg>

All very well explained, just in the form of a strange little song.

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Lungs working in two directions – 4 minute video

<https://www.youtube.com/watch?v=3p6RIv9ZRY4>

This one is from the BBC TV series 'Operation Ouch' and explains carbon dioxide going out rather than just oxygen going in. Don't watch this one if you find the sight of internal organs too scary or unpleasant!